**Guidance for Members before attending training**

• Everyone attending should carry out a self-assessment for COVID symptoms before leaving home and follow NHS and PHE self-isolation procedures if they are symptomatic.

• No one who is required to self-isolate should attend training.

• Ensure you sign in to training with the track and trace app and with the person in charge of the session.

• Cricket is by nature a socially distanced game and social distancing should be maintained at training wherever possible.

• Social interaction before and after training should only take place outdoors, and in separate and

distinct groups consisting of up to 6 people or two households.

• Following the instructions of the person leading the session and stay in the groups/nets instructed to use.

• Participants will abide by the Risk Assessment carried out for training purposes.

• Personal hygiene measures should be carried out at home before and after use of the facility.

• Always bring your own hand sanitiser where possible and practice strong hand hygiene – communal sanitizer and wipes will be provided but it is advised to bring your own.

• Please be aware of the minor increase in transmission risk associated in partaking in even socially distanced group activity.

• No sweat or saliva is to be applied to the ball at any time. Any infringement should result in

immediate disinfection of the ball.

• Informal or self-organised cricket (EG netting when not a club session) is subject to legal

gathering size limits (Rule of 6 or a group made up of two households).

• Sharing of equipment must be avoided where possible, particularly that used around the head and

face, such as helmets. Where equipment is shared, equipment must be cleaned before use by

another person.

• Participants will exit whilst maintaining social distancing.

Please find the full ECB guidance on the following link which we must abide by at ALL times - <https://resources.ecb.co.uk/ecb/document/2021/03/26/c1d0973a-94d1-410b-a400-826f6a71feb5/Recreational-Cricket-COVID-Guidance-in-England-26.03.21.pdf>